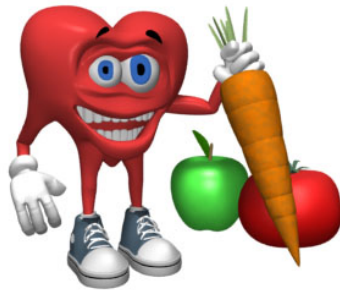




HEALTH SCHOOLS AUSTRALIA

30687QLD

Certificate IV in Natural Therapy – Wellness Consultancy



Course Information



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

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UNITS OF COMPETENCY & PERFORMANCE CRITERIA

BSBCMN204A Work effectively with others

HLTCOM404B Communicate effectively with clients/patients

HLTCOM405B Administer a practice

HLTCOM406B Make referrals to other health care professionals when appropriate

HLTCOM408B Use specific/medical terminology to communicate with client/patients,
fellow workers and health professionals

HLTFA301B Apply first aid

HLTOHS300A Contribute to occupational health and safety processes

HLTIN301A Comply with infection control policies and procedures in health work

HLTNUT601B Apply literature research findings to clinical nutritional practice

HLTNUT602B Provide specialized nutritional care

HLTNAT603B Provide naturopathic nutritional treatment

HLTNAT605B Plan naturopathic treatment strategy

HLTNAT606B Perform naturopathic health assessment

HSA002B Develop a natural health assessment framework

HSA005B Apply elementary pathophysiological research to client assessment

HSA007B Manage work within a natural health framework

HSA008B Apply a natural health assessment framework



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HSA009B Plan the natural health and fitness regimen with client

HSA010B Advise the client on appropriate preventative health strategy

HSA013B Provide advice on nutritional supplementation



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
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***INTRODUCTION TO CERTIFICATE IV IN NATURAL THERAPIES
(WELLNESS CONSULTANT)***

30687QLD ~ Certificate IV in Natural Therapy - Wellness Consultancy

The Certificate IV in Natural Therapy - Wellness Consultancy is designed for individuals who wish to specialise in Natural Therapies in a professional capacity within the Natural Health Industry. This qualification will allow the practitioner to recommend a range of preventative health and wellness strategies to clients, advising the public on choices of nutritional supplements and other health related products. This qualification is suitable as an entry-level award for new practitioners or as an add-on qualification for practitioners who hold qualification in other natural health disciplines or modalities. This therapeutic practice may be administered as an independent modality or used in conjunction with other modalities, such as massage, aromatherapy, reflexology or sports therapy.

The course incorporates self-directed distance learning and practical application of knowledge and skills. Graduating students may continue their studies to higher Health qualifications including Diplomas, Advanced Diplomas or a Bachelor Degree.

Graduates may choose career pathways as a Wellness Consultant which may include:-

- Health spas & retreats ~ contract/employee
- Chiropractic clinics ~ contract/employee
- Natural Health clinics ~ contract/employee

ENTRY ADVICE

The learner's language, literacy and numeracy levels are expected to be equivalent to Level 3 of the National Reporting System.

Reading – a learner will be able to read and interpret texts of some complexity, integrating (where relevant) a number of pieces of information in order to generate meaning and interpret and extrapolate from texts containing data which is unambiguously presented in graphic, diagrammatic, formatted or visual form.

Writing – a learner will be able to communicate relationships between ideas through selecting and using grammatical structures and notations which are appropriate to the purpose.

Oral communication - a learner will be able to participate in short transactions, using basic generic structures, to establish, maintain and develop relationships, explore issues or problem solve.

Numeracy & mathematics – a learner will be able to select and apply a range of mathematical strategies to solve problems in a number of contexts which are familiar and may be interrelated. They will also be able to select on and question the reasonableness and appropriateness of the purpose, process and outcomes of a mathematical activity and use symbols and diagrams to communicate mathematically.

As a student in the Certificate IV in Natural Therapy - Wellness Consultancy you will be engaged in a workplace in which you will normally;

- Demonstrate understanding of a broad knowledge base incorporating some theoretical concepts;
- Apply solutions to a defined range of unpredictable problems;
- Identify and apply skill and knowledge areas to a wide variety of contexts, in some cases in depth;
- Identify, analyse and evaluate information from a variety of sources;
- Take responsibility for their own outputs in relation to specified quality standards;
- Take limited responsibility for the quantity and quality of the output of others.



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
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***BRIEF OVERVIEW OF 30687QLD CERTIFICATE IV IN NATURAL
THERAPY - WELLNESS CONSULTANCY***

Flexible Delivery ~ 3 days per week over 1 semester (20 weeks) recommended (full-time)

In the Certificate IV in Natural Therapy - Wellness Consultancy the content includes: -

- **Practice Administration**
BSBCMN204A, HLTCOM404B, HLTCOM405B, HLTCOM406B, HLTCOM408B
- **Anatomy & Physiology**
HLTCOM408B, HSA002B, HSA005B, HSA008B, HSA0009, HSA010B, HSA013B (UPK), HLTNUT601B, HLTNUT602B, HLTNAT603B, HLTNAT605B, HLTNAT606B
- **Pathophysiology 1**
HLTCOM408B, HSA002B, HSA005B, HSA008B, HSA009B, HSA010B, HSA013B (UPK), HLTNUT601B, HLTNUT602B, HLTNAT605B, HLTNAT606B
- **Wellness Philosophy**
HSA010B
- **Health and Physical Fitness**
HSA007B, HSA009B, HSA010B
- **Nutrition**
HSA013B, HLTNUT601B, HLTNUT602B, HLTNAT603B
- **Clinical Practice 1**
HSA002B, HSA005B, HSA007B, HSA008B, HSA009B, HSA010B, HSA001, HLTNUT601B, HLTNUT602B, HLTNAT603B, HLTNAT605B, HLTNAT606B
- **Ethics & Jurisprudence**
HLTHIR1A, HSA007B (UPK)
- **Occupational Health & Safety 1**
HLTOHS300A, HLTIN301A
- **First Aid**
HLTFA301B
(students must complete a First Aid Certificate and provide a certified copy to Health Schools Australia for completion of this course)
- **Seminar Attendance – 60 hours (participation in industry related seminars/workshops)**
HSA002B, HSA005B, HSA007B, HSA008B, HSA009B, HSA010B, HSA0013, HLTNUT601B, HLTNUT602B



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
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UNITS OF COMPETENCY

The requirement for the achievement of a Certificate IV in Natural Therapy - Wellness Consultancy is the completion of a total of:

UNITS

Minimum 20 units including:

- All **common** units (13)
- All **compulsory** units (7)

Common

BSBCMN204A	Work effectively with others
HLTCOM404B	Communicate effectively with clients/patients
HLTCOM405B	Administer a practice
HLTCOM406B	Make referrals to other health care professionals when appropriate
HLTCOM408B	Use specific/medical terminology to communicate with client/patients, fellow workers and health professionals
HLTFA301B	Apply first aid
HLTOHS300A	Participate in occupational health & safety processes
HLTIN301A	Comply with infection control policies and procedures
HLTNUT601B	Apply literature research findings to clinical nutritional practice
HLTNUT602B	Provide specialised nutritional care
HLTNAT603B	Provide naturopathic nutritional treatment
HLTNAT605B	Plan naturopathic treatment strategy
HLTNAT606B	Perform naturopathic health assessment

Compulsory

HSA002B	Develop a natural health assessment framework
HSA005B	Apply elementary pathophysiological research to client assessment
HSA007B	Manage work within a natural health framework
HSA008B	Apply a natural health assessment framework
HSA009B	Plan the natural health and fitness regimen with client
HSA010B	Advise client on appropriate preventative health strategy
HSA013B	Provide nutritional advice

NOTE: Learners are provided with information regarding RPL (Recognised Prior Learning) applications and are eligible to receive RPL status for the units in which they can demonstrate current competence.



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
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RECOMMENDED NOMINAL HOURS

Health Schools Australia		
30687QLD Certificate IV in Natural Therapy - Wellness Consultancy		
Unit Code	Unit Title	Recommendation for Nominal Hours in Qld
Common		
BSBCMN204A	Work effectively with others	20
HLTCOM404B	Communicate effectively with clients/patients	30
HLTCOM405B	Administer a practice	30
HLTCOM406B	Make referrals to other health care professionals when appropriate	40
HLTCOM408B	Use practice-specific/medical terminology in order to communicate with client/patients, fellow workers and health care professionals	40
HLTFA301B	Apply First Aid	Outsourced
HLTOHS300A	Contribute occupational health & safety processes	30
HLTIN301A	Comply with infection control policies and procedures	40
HLTNUT601B	Apply literature research findings to clinical nutritional practice	40
HLTNUT602B	Provide specialised nutritional care	60
HLTNAT603B	Provide naturopathic nutritional treatment	80
HLTNAT605B	Plan naturopathic treatment strategy	40
HLTNAT606B	Perform naturopathic health assessment	200
Compulsory		
HSA002B	Develop a natural health assessment framework	70
HSA005B	Apply elementary pathophysiological research to client assessment	70
HSA007B	Manage work within a natural health framework	70
	Sub Total	860



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
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HSA008B	Apply a natural health assessment framework	100
HSA009B	Plan the natural health and fitness regimen with client	80
HSA010B	Advise client on appropriate preventative health strategy	70
HSA013B	Provide nutritional advice	100
	Seminar Hours	60
	Sub total	860
	Total Nominal Hours	1270



30687QLD CERTIFICATE IV IN NATURAL THERAPY – WELLNESS CONSULTANCY

FEE STRUCTURE

30687QLD Certificate IV in Natural Therapy - Wellness Consultancy ~ made up of a minimum of 20 Units of competency

Fees (deposit and/or payment plan) are payable when you enrol and prior to commencement of training.

Please refer to the Health Schools Australia, “Fee Schedule” Sheet for Certificate IV in Natural Therapy - Wellness Consultancy course fees and payment plans.

Our standard Refund Policy applies and is included in the Student Handbook for your reference.

Unless otherwise agreed upon, the Fee for Service fees are payable immediately upon completion of enrolment. Fees are payable in advance for each course. A student is not considered enrolled in the course and therefore not eligible for the issue of the award, until the required fee is paid.

Two attempts at an assessment are included in the tuition and assessment fees. Please consult the *Course Fees Structure* for fees payable if more than two attempts is required.

RESOURCES

Learner resources are included in the course unit fees.

These resources include textbooks, unit notes and assessment tools to complete during the course of your training.

No refund applies to resources once they have been issued to the student.

RECOGNITION OF PRIOR LEARNING FEES

The fee for RPL is \$65.00 in total for 30687QLD Certificate IV in Natural Therapy - Wellness Consultancy.

You must be enrolled with Health Schools Australia as a Student to apply for RPL. Once your completed RPL application has been received by Health Schools Australia the fee paid to process your application is non refundable.

ASSESSMENT STRATEGY

Assessment for each unit of competency in the course must be consistently demonstrated by you over a period of time and observed by the assessor and/or the technical expert working in partnership with the assessor.

These assessments will include demonstration in the workplace and/or a simulated environment, to ensure that the demonstration of competency is valid and reliable. You need to be aware that the collection of evidence is ongoing. Competency must be demonstrated in the workplace or a simulated workplace environment through a range of situations, which may include interruptions, and involvement in other related activities normally expected in the work environment. The assessment will be undertaken in an environment that meets industry codes of practice and relevant industry regulations and legislation and to achieve competency in each unit, you must achieve competency in all of the performance criteria for each unit of competency to be deemed competent.



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ASSESSMENT METHODS

The Health Training Package defines “on-the-job” assessment as assessment, which occurs in the workplace as part of the normal operation of the business. The Health Training Package defines “off-the-job” assessment as that which occurs outside the immediate workplace, including, for example, assessment which may occur on the worksite but not in the actual candidate’s place of work. Assessment for this course will be carried out both on and off-the-job and the assessment methods may include any or a combination of any of the following:

- Observation of workplace tasks;
- Written or oral questioning to assess knowledge;
- Completing workplace documents; and
- Role-plays

Participants will be assessed on evidence collected from a range of activities, which may include:

- Course participation
- Self assessment
- Demonstration in the workplace

DELIVERY METHOD & TIME-FRAME:

Each unit of competency is delivered using a combination of distance learning and on-the-job training.

The course is delivered over a recommended 32 week period and it is anticipated you will complete one subject (cluster of unit competencies) per month during that time frame.

WORKPLACE HEALTH AND SAFETY

All Workplace Health & Safety requirements must be adhered to while participating in the course.

ASSISTANCE WITH LEARNING

If at any time during the course you experience learning difficulties or require other assistance and advice, you can access support by contacting your Trainer. Information is provided in your Student Handbook for this purpose.



UNITS OF COMPETENCY & PERFORMANCE CRITERIA

BSBCMN204A WORK EFFECTIVELY WITH OTHERS

Unit Descriptor

This unit covers the skills and knowledge required to work in a group environment such as promoting team commitment and cooperation and supporting team members. This unit is related to BSBCMN304A Contribute to personal skill development and learning.

ELEMENT	PERFORMANCE CRITERIA
1. Develop effective workplace relationships	<p>1.1 <i>Responsibilities and duties</i> are undertaken in a positive manner to promote cooperation and good relationships</p> <p>1.2 Assistance is sought from <i>workgroup</i> members when difficulties arise and addressed through discussions</p> <p>1.3 Constructive <i>feedback</i> provided by others in the workgroup is encouraged, acknowledged and acted upon</p> <p>1.4 Differences in personal values and beliefs are respected and their value acknowledged in the development of relationships</p>
2. Contribute to workgroup activities	<p>2.1 Support is provided to team members to ensure workgroup goals are met</p> <p>2.2 Constructive contributions to workgroup goals and tasks are made according to organisational requirements</p> <p>2.3 Information relevant to work is shared with workgroup to ensure designated goals are met</p> <p>2.4 Strategies/opportunities for improvement of the workgroup are identified and planned in liaison with workgroup</p>



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***HLTCOM404B COMMUNICATE EFFECTIVELY WITH
CLIENTS/PATIENTS***

Unit Descriptor

This unit covers the skills required by practitioners to establish and maintain effective communication with the client/patient throughout all interactions and provide basic counselling as required and as appropriate to facilitate the treatment.

ELEMENTS	PERFORMANCE CRITERIA
1. Establish professional relationship with the client/patient	<ul style="list-style-type: none">1.1 Practice is evaluated to maintain a high standard of client/patient service1.2 <i>Special needs</i> of clients/patients are identified and responded to1.3 <i>Effective communication</i> is used with clients/patients1.4 Clients/patients are encouraged to voice queries and/or fears and these are addressed appropriately1.5 <i>Cultural and personal factors</i> are taken into consideration when consulting or interacting with clients/patients1.6 Discretion and confidentiality are exercised appropriately and boundaries of confidentiality are outlined and explained to clients/patients whenever appropriate or required1.7 <i>Boundaries</i> of the practitioner/client/patient relationship are defined and applied
2. Provide effective response to client/patient enquiries	<ul style="list-style-type: none">2.1 <i>Relevant information</i> is presented clearly and comprehensively and in sufficient detail to meet the needs of the enquirer2.2 <i>Appropriate modes of communication</i> are selected to suit the enquiry and the purpose and context of the enquiry2.3 <i>Enquirer's expectations</i> are identified and acknowledged2.4 Any unresolved concerns or issues are discussed with enquirers2.5 Appointments are made for client/patients according to clinic guidelines
3. Respond effectively to difficult or challenging behaviour	<ul style="list-style-type: none">3.1 Responses to difficult or challenging behaviour are planned and <i>managed appropriately</i>3.2 Professional integrity is maintained at all times
4. Use basic counselling skills as required to facilitate treatment	<ul style="list-style-type: none">4.1 Need for <i>basic counselling</i> is determined4.2 Basic counselling is provided to facilitate treatment when necessary and in accordance with <i>practice specific guidelines</i>4.3 Details of care are recorded according to <i>clinic guidelines</i>



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HLTCOM405B ADMINISTER A PRACTICE

Unit Descriptor

This unit describes the skills required to provide administration for a clinical health practice according to the size and scale of the business.

ELEMENT	PERFORMANCE CRITERIA
1. Establish and maintain administrative systems	1.1 <i>Routine tasks</i> are identified and performed 1.2 <i>Policies and procedures</i> are followed 1.3 <i>Resources</i> are used appropriately 1.4 Administrative systems are established
2. Conduct financial administration	2.1 Financial procedures of the business are administered 2.2 Systems for <i>financial documentation</i> are maintained 2.3 Information for financial reports is recorded
3. Follow practice management strategies	3.1 <i>Operational strategies</i> are followed 3.2 <i>Marketing strategies</i> are followed 3.3 Meetings are attended when necessary 3.4 <i>Stock</i> levels and supplies are monitored 3.5 <i>Statutory and regulatory requirements</i> are complied with
4. Administer personnel management strategies	4.1 <i>Human resource strategies</i> are followed 4.2 Payroll and <i>employee records</i> are administered if necessary 4.3 Diversity guidelines are followed



HLTCOM406B MAKE REFERRALS TO OTHER HEALTH CARE PROFESSIONALS WHEN APPROPRIATE

Unit Descriptor

This unit describes the skills required to arrange referrals to other health care professionals when required.

ELEMENT	PERFORMANCE CRITERIA
1. Formulate a referral plan for client/patients requiring further treatment	1.1 <i>Need for referral to other health care professionals /services is determined</i>
	1.2 Need for referral is communicated to the client/patient
	1.3 Financial aspects of complementary health care are considered
2. Interact with other health care professionals	2.1 A range of <i>complementary health care</i> professionals and services is identified
	2.2 Complementary health care professionals and <i>support services</i> are consulted to determine the most appropriate source for <i>referral</i>
	2.3 Relate effectively and knowledgeably with other health care professionals
3. Arrange a referral to an appropriate source for clients/patients with specific needs	3.1 The health care professional and/or service to whom clients are to be referred are contacted
	3.2 Transfer of <i>copies of client/patient records</i> to the appropriate referral source is arranged
	3.3 The client/patient is included in referral communications and provided with written referrals
	3.4 The appropriate health professional/service is <i>briefed</i> on reason for referral
	3.5 Queries regarding the referral are answered
	3.6 Assistance is provided to other health care professionals/services as required
	3.7 Referrals are recorded in case notes



***HLTCOM408B USE SPECIFIC/MEDICAL TERMINOLOGY TO
COMMUNICATE WITH CLIENT/PATIENTS, FELLOW WORKERS
AND HEALTH PROFESSIONALS***

Unit Descriptor

This unit covers the skills required to understand and respond to instructions, carry out routine tasks and communicate with a range of internal/external clients in a health care practice, using appropriate **practice-specific**/medical terminology.

ELEMENT	PERFORMANCE CRITERIA	
1. Respond appropriately to instructions which contain practice-specific/medical terminology	<p>1.1 <u>1.1</u> Written and oral instructions using practice-specific/medical terminology are received, understood and documented</p> <p>1.2 <u>1.2</u> Checklists are used where appropriate</p> <p>1.3 <u>1.3</u> Abbreviations for practice-specific/medical terms and associated processes are understood</p> <p>1.4 <u>1.4</u> Clinic guidelines are understood and adhered to</p> <p>1.5 Clarification is sought when necessary</p>	Formatted: Bullets and Numbering
2. 2. Carry out routine tasks	<p>2.1 <u>2.1</u> Practice-specific/medical terminology is used correctly in the completion of routine tasks</p> <p>2.2 Assistance is sought from designated person/s as required</p>	Formatted: Bullets and Numbering
3. 3. Use appropriate practice-specific/medical terminology in oral and written communication with client/patients, fellow workers and health care professionals	<p>3.1 <u>3.1</u> Appropriate practice-specific/medical terminology is used as directed in oral communication with client/patients, fellow workers and health care professionals</p> <p>3.2 <u>3.2</u> Appropriate practice-specific/medical terminology is used as directed in written communication with client/patients, fellow workers and health care professionals</p> <p>3.3 <u>3.3</u> Written communication is presented to a designated person for verification if required</p> <p>3.4 <u>3.4</u> Practice-specific/medical terminology is spelt and pronounced correctly</p> <p>3.5 Advice is sought from designated person with regard to practice-specific/medical terms and accompanying processes</p>	Formatted: Bullets and Numbering



HLTFA301B APPLY FIRST AID

Unit Descriptor

This unit of competency describes the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders, until the arrival of medical or other assistance.

ELEMENT	PERFORMANCE CRITERIA
1. Assess the situation	<ul style="list-style-type: none">1.1 Identify assess and minimise <i>hazards</i> in the situation that may pose a risk of injury or illness to self and others1.2 Minimise immediate <i>risk</i> to self and casualty's health and safety by controlling any hazard in accordance with occupational health and safety requirements1.3 Assess casualty and identify injuries, illnesses and conditions
2. Apply First Aid techniques	<ul style="list-style-type: none">2.1 Calmly provide information to reassure casualty, adopting a communication style to match the casualty's level of consciousness2.2 Use available <i>resources and equipment</i> to make the casualty as comfortable as possible2.3 Respond to the casualty in a culturally aware, sensitive and respectful manner2.4 Determine and explain the nature of casualty's injury/condition and relevant first aid procedures to provide comfort2.5 Seek consent from casualty prior to applying first aid management2.6 Provide <i>first aid management</i> in accordance with <i>established first aid principles</i> and Australian Resuscitation Council (ARC) Guidelines and/or State/Territory regulations, legislation and policies and industry requirements2.7 Seek first aid assistance from others in a timely manner and as appropriate2.8 Correctly operate first aid equipment as required for first aid management according to manufacturer/supplier's instructions and local policies and/or procedures2.9 Use safe manual handling techniques as required2.10 Monitor <i>casualty's condition</i> and respond in accordance with effective first aid principles and procedures2.11 Finalise casualty management according to casualty's needs and first aid principles



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ELEMENT	PERFORMANCE CRITERIA
3. Communicate details of the incident	<ul style="list-style-type: none">3.1 Request ambulance support and/or appropriate medical assistance according to relevant circumstances using relevant <i>communication media and equipment</i>3.2 Accurately convey assessment of casualty's condition and management activities to ambulance services /other emergency services/relieving personnel3.3 Prepare reports as appropriate in a timely manner, presenting all relevant facts according to established procedures3.4 Accurately record details of casualty's physical condition, changes in conditions, management and response to management in line with established procedures3.5 Maintain confidentiality of records and information in line with privacy principles and statutory and/or organisation policies
4. Evaluate own performance	<ul style="list-style-type: none">4.1 Seek feedback from <i>appropriate clinical expert</i>4.2 Recognise the possible psychological impacts on rescuers of involvement in critical incidents4.3 Participate in debriefing/evaluation as appropriate to improve future response and address individual needs



***HLTOHS300A CONTRIBUTE TO OCCUPATIONAL HEALTH &
SAFETY PROCESSES***

Unit Descriptor

This unit covers general OHS requirements according to legislation and codes of practice, including duties and responsibilities for all parties under the general duty of care. Work will usually be performed within a prescribed range of functions involving known routines and procedures.

ELEMENT	PERFORMANCE CRITERIA
1. Plan and conduct work safely	<ul style="list-style-type: none">1.1 Plan work in accordance with relevant provisions of OHS legislation, standards, codes of practice/compliance codes and guidance material. Identify hazards as part of work planning and work process1.2 Address identified hazards prior to starting work using judgement within defined scope of responsibilities1.3 Report residual risk according to organisation procedures1.4 Report incidents and injuries in line with organisation policies and procedures1.5 Undertake OHS housekeeping in work area1.6 Maintain and update own knowledge of OHS issues as they apply to workplace systems, equipment and processes
2. Support others in working safely	<ul style="list-style-type: none">2.1 Share information on safe work practices and work procedures with members of the work group. Check the OHS practices of less experienced members of the workgroup2.2 Provide guidance and coaching to less experienced members of the workgroup to support them in working safely2.3 Support members of the workgroup to accurately record incidents and complete associated workplace documentation according to organisation procedures
3. Contribute to OHS participative processes	<ul style="list-style-type: none">3.1 Raise OHS issues in accordance with organisation procedures. Contribute to workplace meetings, workplace inspections or other consultative activities in a constructive manner to improve safety. Provide assistance to workgroup members to contribute to workplace safety3.2 Apply knowledge of roles and responsibilities of OHS representatives and OHS committees
4. Contribute to hazard identification, OHS risk assessment and risk control activities	<ul style="list-style-type: none">4.1 Report identified hazards and inadequacies in risk controls. Sources of stress are identified, issues raised and discussed with supervisor4.2 Check the workplace for hazards using itemised checklist(s) in accordance with work procedures4.3 Contribute to risk assessments4.4 Provide input to development and implementation of control



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
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ELEMENT

PERFORMANCE CRITERIA

measures, with reference to the hierarchy of control

- | | |
|---|--|
| 5. Participate in the control of emergency situations | 5.1 Identify emergency signals and alarms and responded to them appropriately. Take initial action to control/confine emergency according to organisation procedures, and taking account of the nature and scope of the emergency. Implement emergency response procedures within scope of training and competence |
|---|--|



HLTIN301A COMPLY WITH INFECTION CONTROL POLICIES AND PROCEDURES

Unit Descriptor

This unit describes the skills and knowledge required of workers to understand and comply with infection control guidelines. Policies and procedures may be organisational, industry - based and/or legislated.

The unit applies to a wide range of workers in health industry settings reflecting the importance of controlling infection risks and self-protection.

ELEMENT	PERFORMANCE CRITERIA
1. Follow infection control guidelines	<ul style="list-style-type: none">1.1 Demonstrate the application of standard precautions to prevent the spread of infection in accordance with organisation requirements1.2 Demonstrate the application of additional precautions when standard precautions alone may not be sufficient to prevent transmission of infection1.3 Minimise contamination of materials, equipment and instruments by aerosols and splatter
2. Identify and respond to infection risks	<ul style="list-style-type: none">2.1 Identify infection risks and implement an appropriate response within own role and responsibility2.2 Document and report activities and tasks that put clients and/or other workers at risk2.3 Respond appropriately to situations that pose an infection risk in accordance with the policies and procedures of the organisation2.4 Follow procedures for risk control and risk containment for specific risks2.5 Follow protocols for care following exposure to blood or other body fluids as required2.6 Place appropriate signs when and where appropriate2.7 Remove spills in accordance with the policies and procedures of the organisation
3. Maintain personal hygiene	<ul style="list-style-type: none">3.1 Maintain hand hygiene by washing hands before and after client contact and/or after any activity likely to cause contamination3.2 Follow handwashing procedures3.3 Implement hand care procedures3.4 Cover cuts and abrasions with water-proof dressings and change as necessary
4. Use personal protective equipment	<ul style="list-style-type: none">4.1 Wear personal protective clothing and equipment that complies with Australian/New Zealand Standards, and is appropriate for the intended use



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ELEMENT	PERFORMANCE CRITERIA
	4.2 Change protective clothing and gowns/aprons daily, more frequently if soiled and where appropriate, after each client contact
5. Limit contamination	5.1 Demarcate and maintain clean and contaminated zones in all aspects of health care work 5.2 Confine records, materials and medicaments to a well-designated contaminated zone 5.3 Confine contaminated instruments and equipment to a well-designated contaminated zone
6. Handle, package, label, store, transport and dispose of clinical and other waster	6.1 Wear appropriate personal protective clothing and equipment in accordance with occupational health and safety policies and procedures when handling waste 6.2 Separate waste at the point where it has been generated and dispose of into waste containers that are colour coded and identified 6.3 Store clinical or related waste in an area that is accessible only to authorised persons 6.4 Handle, package, label, store, transport and dispose of waste appropriately to minimize potential for contact with the waste and to reduce the risk to the environment from accidental release 6.5 Dispose of waste safely in accordance with the policies and procedures of the organisation and legislative requirements
7. Clean environmental surfaces	7.1 Wear personal protective clothing and equipment during cleaning procedures 7.2 Remove all dust, dirt and physical debris from work surfaces 7.3 Clean all work surfaces with a neutral detergent and warm water solution before and after each session or when visibly soiled 7.4 Decontaminate equipment requiring special processing in accordance with quality management systems to ensure full compliance with cleaning, disinfection and sterilisation protocols 7.5 Dry all work surfaces before and after use 7.6 Replace surface covers where applicable 7.7 Maintain and store cleaning equipment



***HLTNUT601B APPLY LITERATURE RESEARCH FINDINGS TO
CLINICAL NUTRITIONAL PRACTICE***

Unit Descriptor

This unit describes the skills required to source and evaluate relevant information and apply findings to clinical nutritional practice. This unit requires high level knowledge of nutrition and its effect on a wide range of complex health conditions.

ELEMENT	PERFORMANCE CRITERIA
1. Manage information needs	1.1 Currency of information is assessed 1.2 Clinical information needs are defined 1.3 Information findings are recorded
2. Access information	2.1 Contemporary <i>primary and secondary sources</i> of information are identified 2.2 <i>Established sources of information</i> are identified 2.3 Information is collected and collated
3. Evaluate information	3.1 Primary and secondary sources of information are compared and contrasted 3.2 Relevance of information to clinical treatment strategy within a complementary and alternative health framework is established 3.3 Relevant information is culled and prioritised 3.4 Information findings are correlated with clinical presentation
4. Apply information to treatment strategy	4.1 Integrate information findings with existing treatment strategy 4.2 implement relevant findings into clinical nutrition practice



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

HLTNUT602B PROVIDE SPECIALISED NUTRITIONAL CARE

Unit Descriptor

This unit describes the skills required to provide specialised nutritional supplements and/or foods for the therapeutic and prophylactic management of specific health outcomes. This unit requires high level knowledge of nutrition and its effect on a wide range of complex health conditions.

ELEMENT	PERFORMANCE CRITERIA
1. Identify nutritional needs for specific health outcomes	1.1 Existing nutritional intake is determined 1.2 <i>Nutritional needs</i> are analysed 1.3 <i>Specific health outcome</i> is identified
2. Plan the specialised treatment	2.1 Impact of changes to nutritional supplementation and / or changes to food intake are considered 2.2 Nutritional approach to meet the specific health outcome is selected
3. Provide the specialised nutritional treatment	3.1 Specialised treatment plan is implemented according to the <i>various life stage, specific clinical condition, and / or personal health/fitness goals</i> 3.2 <i>Consent for treatment</i> is ensured 3.3 The strategy is fully explained to the client/patient and all enquiries responded to
4. Manage the specialised nutritional treatment	4.1 Factors which may interfere with the effectiveness of the strategy are taken into account for each dietary regime and nutritional recommendation 4.2 Possible treatment reactions are taken into account for each dietary regime and nutritional recommendation 4.3 Contra-indications are taken into account for each dietary regime and nutritional recommendation 4.4 Reactions to treatment (adverse or otherwise) are recognised and promptly responded to if necessary 4.5 Assessments and recommendations are fully documented 4.6 The treatment plan is reviewed and continuing care negotiated with the client/patient



30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY

**HLTNAT603B PROVIDE NATUROPATHIC NUTRITIONAL
TREATMENT**

Unit Descriptor

This unit describes the skills required to provide naturopathic advice on dietary modification and nutritional supplements according to a naturopathic framework.

ELEMENT

PERFORMANCE CRITERIA

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|-----------------------------------|---|
| 1. Manage treatment | 1.1 <i>Factors which may interfere with the effectiveness of the treatment</i> are identified and explained |
| | 1.2 The use of <i>dietary modification</i> and management of the treatment are explained to the client/patient |
| | 1.3 Client/patient is requested to monitor reactions and contact practitioner as required |
| | 1.4 <i>Consent for treatment</i> is ensured and <i>contra-indications</i> for treatment are identified |
| | 1.5 Reactions to treatment (adverse or otherwise) are recognised and <i>promptly responded</i> to if necessary |
| | 1.6 Time, location and purpose of future sessions are clearly explained to the client/patient |
| | 1.7 Recommendations are fully documented |
| | 1.8 Treatment is provided according to the treatment plan |
| 2. Apply therapeutic techniques | 2.1 Determine the appropriateness of dietary modification and/or <i>nutritional supplementation</i> |
| | 2.2 Identify and manage the treatment of food allergies/food sensitivities |
| | 2.3 Evaluate the influence of <i>environmental and other factors</i> on nutritional status |
| | 2.4 Care is taken to evaluate <i>cultural barriers</i> to dietary modification and/or supplement prescription |
| | 2.5 Deliver treatment according to <i>regulations</i> |
| | 2.6 Refer to or collaborate with other health care professionals as required |
| 3. Advise and resource the client | 3.1 Client/patient is educated in <i>relevant and practical techniques for promotion and maintenance of optimum health</i> , which include dietary/ <i>lifestyle modification</i> |
| | 3.2 Client/patient queries are answered with clarity, using appropriate language |
| | 3.3 Appropriate interpersonal skills are used when explaining treatment plans and recommendations to the client/patient |
| | 3.4 Client/patient independence and responsibility in treatment are promoted wherever possible |
| | 3.5 Dietary advice within a nutritional framework is provided when appropriate |



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

ELEMENT

PERFORMANCE CRITERIA

4. Review treatment

- 4.1 Progress is reviewed with the client/patient
- 4.2 Effects of previous treatment are identified and recorded
- 4.3 Previous treatment plan is reviewed
- 4.4 Need for ongoing and/or additional treatment is evaluated
- 4.5 Changes to the plan are negotiated with the client/patient to ensure optimal outcomes



HLTNAT605B PLAN THE NATUROPATHIC TREATMENT STRATEGY

Unit Descriptor

This unit describes the skills required to prepare for treatment of clients/patients and negotiate a treatment management plan with them using a naturopathic framework.

ELEMENTS

1. Determine treatment strategy

- 1.1 Appropriate therapeutic principles of treatment are determined according to diagnosis of client/patient and within the skills of competence of the practitioner
- 1.2 Contra-indications to treatment and possible complicating factors are ascertained and treatment strategy used is modified according to naturopathic principles
- 1.3 Treatment and advice provided by other health care professionals is taken into consideration in determining the strategy to be used in treatment
- 1.4 Treatment strategy appropriate to the client/patient's condition is selected, supported on the basis of established naturopathic practice
- 1.5 Specific treatment options take into consideration possible client/patient compliance issues

2. Discuss the treatment strategy with the client/patient

- 2.1 The proposed treatment strategy is discussed with the client/patient
- 2.2 Sufficient time is allocated to discuss the treatment strategy, appropriate to the client/patient's needs
- 2.3 Client compliance is negotiated
- 2.4 Discrepancies between the practitioner's and the client/patient's perception of the condition are clarified
- 2.5 Any relevant information from medical or diagnostic reports is communicated where appropriate
- 2.6 Any perceived risks of the client/patient's condition and treatment are explained
- 2.7 Responsibilities of practitioner and client/patient within the treatment plan are clarified
- 2.8 Management of selected treatment in relation to any other current therapies is negotiated
- 2.9 Treatment evaluation strategies are discussed



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HLTNAT606B PERFORM NATUROPATHIC HEALTH
ASSESSMENT***

Unit Descriptor

This unit covers the skills required to observe the condition of the client/patient and gather information relevant to the case, according to a naturopathic framework.

ELEMENTS	PERFORMANCE CRITERIA
1. Determine the scope of the assessment and the client/patient's needs	<ul style="list-style-type: none">1.1 Client/patient's purpose for consultation is established and symptoms experienced are identified1.2 Client/patient's eligibility for service is determined using clinic/personal policies1.3 Services able to be provided and limits of available services are clearly explained1.4 Client/patient's expectation of the service/clinic are explored and clarified1.5 Factors likely to have a negative impact on assessment are identified in consultation with the client/patient and strategies implemented to minimise the effects of these factors wherever possible1.6 Personal abilities, level of professional competence and parameters of role are defined to the client/patient and determine practice at all times1.7 Clients/patients are referred to other health care providers where their needs are identified as beyond the scope of the services able to be provided, or if in the opinion of the practitioner their needs of the clients/patients are best met by doing so1.8 Legal rights of the client/patient are identified and promoted
2. Obtain and record an accurate history of the client/patient	<ul style="list-style-type: none">2.1 Information required from the client/patient for the client/patient's history is sought in a respectful way with all enquiries asked in a purposeful, systematic and diplomatic manner2.2 Accurate, relevant and well organised information is collected and recorded in a form which can be interpreted readily by other professionals2.3 Information is treated as confidential and stored securely
3. Manage the health assessment	<ul style="list-style-type: none">3.1 Informed client/patient consent is obtained prior to conducting tests in accordance with legislative requirements3.2 Abnormal findings are pursued and investigated in a deliberate, logical and appropriate manner3.3 Reliability of data obtained is assessed and appropriate clinical correlation with the client/patient's complaints is established where possible3.4 Questions are used to clarify results and gain further information in a manner relevant to the client/patient's needs and test results



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

ELEMENTS	PERFORMANCE CRITERIA
	3.5 Any decision to carry out laboratory tests is based on the integration of previously obtained clinical data and history
	3.6 The protocol required by the agency in ordering tests is adhered to
	3.7 Adequate time is allowed during consultation to gather critical information
	3.8 Factors that may interfere with the information gathering process are identified and minimised
	3.9 Essential requirements for the maintenance of clinical and practitioner hygiene are identified, established and routinely observed
	3.10 Potential sensitivities of the client/patient are anticipated, the practitioner's approach is adapted accordingly to take these into account and steps are taken to ensure the client/patient's dignity are maintained at all times
4. Make a comprehensive assessment of the client/patient	4.1 Signs of disease/condition and further observations are identified according to naturopathic framework
	4.2 Specific details of signs and symptoms of the presenting complaint/s are elicited
	4.3 Other appropriate assessment techniques are used
	4.4 All information is accurately recorded in a systematic manner in accordance with clinic guidelines



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HSA002B DEVELOP A NATURAL HEALTH ASSESSMENT
FRAMEWORK***

Unit Descriptor

This unit covers the skills required to interpret basic human health sciences information to develop a framework that can be applied to assessing presenting conditions in a range of therapeutic disciplines.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>
1. Analyse and interpret basic anatomical and physiological information	<ul style="list-style-type: none">1.1 Basic anatomical and physiological information is accessed and used to formulate a simple health assessment framework1.2 Signs & symptoms of presenting condition in the client/patient are recognised and identified as pre-requisites for treatment/care1.3 Information gathered is assessed and assigned priorities for use in consultation with the client/patient1.4 Information is gathered, recorded and organised in a way which can be interpreted readily by other professionals1.5 Physiological indicators of health and disease states analysed and differentiated by assessing signs and symptoms1.6 Condition is identified according to stage and related implications (eg acute/chronic) by applying natural health principles of assessment1.7 Professional judgement is used to draw sound conclusions and prognosis from the data collected1.8 All presenting signs and symptoms are elicited in a thorough and objective manner to avoid premature conclusions1.9 Systems for the monitoring of client/patient's progress are recommended to confirm the initial assessment or clinical impression
2. Critically evaluate the information to be used for clinical assessment purposes	<ul style="list-style-type: none">2.1 A critical evaluation of information is applied in an ongoing manner2.2 Appropriate analysis and assessment tools/methods are selected2.3 Recommendations for case re-evaluation are able to be made from empirical knowledge2.4 Literature reports, physical and clinical data can be effectively combined to obtain a differential assessment, assessment and prognosis
3. Report the conclusions of empirical investigations in the appropriate format	<ul style="list-style-type: none">3.1 Rationale of the assessment/prognosis is discussed with supervising personnel or discussed with client/patient3.2 Practitioner is able to respond to enquiries the appropriate level and terminology for the audience3.3 Referral and collaborative options are recommended if necessary



***HSA005B APPLY ELEMENTARY PATHOPHYSIOLOGICAL
RESEARCH TO CLIENT ASSESSMENT***

Unit Descriptor

This unit covers the skills required to interpret basic pathophysiological and symptomological to the assessment of presenting conditions in a range of therapeutic disciplines.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>
1. Analyse and interpret basic pathophysiological information	<ul style="list-style-type: none">1.1 Basic pathophysiological information is accessed and used to formulate a simple health assessment framework1.2 Signs & symptoms of presenting condition in the client/patient are recognised and identified as pre-requisites for treatment/care1.3 Information gathered is assessed and assigned priorities for use in consultation with the client/patient1.4 Information is gathered, recorded and organised in a way which can be interpreted readily by other professionals1.5 Physiological indicators of health and disease states analysed and differentiated by assessing signs and symptoms1.6 Condition is identified according to stage and related implications (eg acute/chronic) by applying natural health principles of assessment1.7 Professional judgement is used to draw sound conclusions and prognosis from the data collected1.8 All presenting signs and symptoms are elicited in a thorough and objective manner to avoid premature conclusions1.9 Systems for the monitoring of client/patient's progress are recommended to confirm the initial assessment or clinical impression
2. Critically evaluate the information to be used for clinical assessment purposes	<ul style="list-style-type: none">2.1 A critical evaluation of information is applied in an ongoing manner2.2 Appropriate analysis and assessment tools/methods are selected2.3 Recommendations for case re-evaluation are able to be made from empirical knowledge2.4 Literature reports, physical and clinical data can be effectively combined to obtain a differential assessment, assessment and prognosis
3. Report the conclusions of empirical investigations in the appropriate format	<ul style="list-style-type: none">3.1 Rationale of the assessment/prognosis is discussed with supervising personnel or discussed with client/patient3.2 Practitioner is able to respond to enquiries the appropriate level and terminology for the audience3.3 Referral and collaborative options are recommended if necessary



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HSA007B MANAGE WORK WITHIN A NATURAL HEALTH
FRAMEWORK***

Unit Descriptor

This unit describes the skills required to manage the effective work practices of self and others within a natural health framework.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>
1. Communicate knowledge of wellness philosophy, principles and practices to others	<p>1.1 <i>The major and minor forms of complementary health assessment and treatment practices</i> can be effectively communicated on a one-on-one or group basis</p> <p>1.2 <i>Definition, central philosophies</i> and historical developments of wellness and complementary medicine therapeutics can be explained</p> <p>1.3 Recent developments and new practices are integrated into client/patient services</p>
2. Demonstrate commitment to ethical work practices	<p>2.1 Confidentiality of client/patient information is maintained by storing and disposing of records according to clinic requirements</p> <p>2.2 Work practices are reviewed periodically to ensure skills and practices are kept current</p> <p>2.3 Work practices show respect for staff and client/patient rights</p> <p>2.4 Work practices adhere to legal, regulatory and clinic guidelines</p> <p>2.5 <i>Measures are implemented</i> to ensure accountability for professional practices</p>
3. Manage workplace relationships	<p>3.1 <i>Effective communication and interpersonal skills</i> are used to ensure all workplace interactions contribute to achievement of clinic objectives and promotion of the practice</p> <p>3.2 Workplace relations reflect consideration of the full range of individual and cultural differences</p> <p>3.3 Any issues related to the wellbeing of work colleagues are dealt with promptly and in accordance with clinic procedures</p> <p>3.4 Potential and actual workplace conflicts are handled to minimise disruption</p>
4. Manage the achievement of quality standards	<p>4.1 Personal hygiene and infection control guidelines are established and practiced throughout the organisation</p> <p>4.2 Hazard control measures and reporting procedures are undertaken according to clinic guidelines</p> <p>4.3 Individual and clinic performance is reviewed against established standards</p>



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

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| 5. Ensure ongoing development of self and team | 5.1 Own performance is regularly monitored against workplans, clinic objectives and client/patient needs
5.2 Opportunities for formal and informal development of skills and knowledge are sought out and accessed to optimise performance
5.3 Individual performances are monitored and developed to enhance team performance
5.4 Coaching and mentoring contributes effectively to development of workplace knowledge, skills and attitudes |
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**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HSA008B APPLY A NATURAL HEALTH ASSESSMENT
FRAMEWORK***

Unit Descriptor

This unit covers the skills required to interpret information gathered in the health assessment and make and review an accurate assessment over the course of treatment, according to the natural health framework.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>	<i>PERFORMANCE CRITERIA</i>
1. Analyse and interpret information received	1.1 Results of the health assessment are correlated with case history 1.2 Signs & symptoms of presenting condition in the client/patient are recognised and identified as pre-requisites for treatment/care 1.3 Information gathered is assessed and assigned priorities in consultation with the client/patient using the knowledge and experience and theoretical principles applied by the practitioner 1.4 Information is gathered, recorded and organised in a way which can be interpreted readily by other professionals 1.5 Patterns are analysed and differentiated by assessing signs and symptoms 1.6 Condition is identified according to stage and related implications (eg acute/chronic) by applying natural health principles of assessment 1.7 Professional judgement is used to draw sound conclusions and prognosis from the data collected 1.8 All presenting signs and symptoms are elicited in a thorough and objective manner to avoid premature conclusions 1.9 The client/patient's progress is systematically monitored in order to confirm the initial assessment or clinical impression	
2. Critically evaluate the assessment	2.1 A critical evaluation of assessment is applied in an ongoing manner 2.2 Appropriate assessment tools/methods are selected 2.3 Re-evaluation of the case is carried out whenever considered necessary by the practitioner 2.4 History and clinical data is effectively combined to obtain a differential assessment, assessment and prognosis	
3. Inform the client/patient	3.1 Rationale of the assessment/prognosis is discussed with the client/patient 3.2 Practitioner is able to respond to client/patient enquiries using language the client/patient understands 3.3 Referral and collaborative options are discussed with the client/patient if necessary	



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HSA009B PLAN THE NATURAL HEALTH AND FITNESS
REGIMEN WITH CLIENT***

Unit Descriptor

This unit describes the skills required to prepare a treatment plan in co-operation with a client/patient using a natural health framework.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>
1. Determine treatment strategy	<ul style="list-style-type: none">1.1 Appropriate natural health and fitness principles of treatment are determined according to assessment of client/patient and within the skills of competence of the practitioner1.2 Contraindications to treatment and possible complicating factors are ascertained and the treatment strategy used is modified according to natural health principles1.3 Treatment and advice provided by other health care professionals is taken into consideration in determining the strategy to be used in treatment1.4 Treatment strategy appropriate to the client/patient's condition is selected, supported on the basis of established natural health practice1.5 Specific treatment options take into consideration possible client/patient compliance issues
2. Discuss the treatment strategy with the client/patient	<ul style="list-style-type: none">2.1 The proposed treatment strategy is discussed with the client/patient2.2 Sufficient time is allocated to discuss the treatment strategy, appropriate to the client/patient's needs2.3 Client compliance and consent is negotiated2.4 Discrepancies between the practitioner's and the client/patient's perception of the condition are clarified2.5 Any perceived risks of the client/patient's condition and treatment are explained2.6 The responsibilities of practitioner and client/patient within the treatment plan are clarified2.7 The management of selected treatment in relation to any other current therapies is negotiated2.8 The treatment evaluation strategies are discussed



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HSA010B ADVISE THE CLIENT ON APPROPRIATE
PREVENTATIVE HEALTH STRATEGY***

Unit Descriptor

This unit describes the skills required to administer client/patient advice and consultancy services on wellness, preventative health and fitness.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>
1. Manage consultancy	<ul style="list-style-type: none">1.1 Factors which may interfere with the effectiveness of the recommended strategy are explained1.2 The mode of administration and management of the strategy are explained to the client/patient1.3 Client/patient is requested to monitor progress and contact practitioner as required1.4 Consent for strategy is ensured1.5 Reactions (adverse or otherwise) to strategy are recognised and promptly responded to if necessary1.6 The time, location and content of future sessions are clearly explained to the client/patient1.7 Recommendations are fully documented1.8 Strategy is provided according to the strategy plan
2. Apply therapeutic techniques as appropriate to the professional discipline and legal boundaries of the practitioner	<ul style="list-style-type: none">2.1 strategy is applied as appropriate to testing response/client assessment2.2 strategy is delivered within legal and ethical boundaries applicable to competency of the practitioner2.3 other health care professionals are referred to or collaborated with as required
3 Advise and resource the client/patient	<ul style="list-style-type: none">3.1 The client/patient is educated in relevant and practical techniques for promotion and maintenance of optimum health3.2 Client/patient queries are answered with clarity, using appropriate language3.3 Appropriate interpersonal skills are used when explaining strategy plans and recommendations to the client/patient3.1 Client/patient independence and responsibility in strategy are promoted wherever possible3.2 Counselling within a natural health framework is provided when appropriate
4. Review strategy	<ul style="list-style-type: none">4.1 Progress is reviewed with the client/patient4.2 Effects of previous strategy are identified and recorded4.3 The previous strategy plan is reviewed4.4 The need for ongoing and/or additional strategy is evaluated4.5 Changes to the plan are negotiated with the client/patient to ensure optimal outcomes



**30687QLD CERTIFICATE IV IN NATURAL THERAPY –
WELLNESS CONSULTANCY**

***HSA013B PROVIDE ADVICE ON NUTRITIONAL
SUPPLEMENTATION***

Unit Descriptor

This unit describes the competencies required to provide advice on nutrient modification according to established clinical nutrition principles and practice.

<i>ELEMENT</i>	<i>PERFORMANCE CRITERIA</i>
1. Identify appropriate nutrient modifications	<ul style="list-style-type: none">1.1 Identify <i>nutrient deficiencies</i>1.2 Identify food allergies and/or food sensitivities1.3 Determine the influence of <i>environmental factors</i> on nutrient status1.4 Design <i>nutrient modifications</i> appropriate for the client/patient1.5 Address appropriate <i>cultural factors</i>1.6 Address appropriate lifestyle factors1.7 Justify proposed nutrient modifications
2. Negotiate change in nutrient intake with client/patient	<ul style="list-style-type: none">2.1 Communicate proposed nutrient changes to client/patient2.2 Explain reasons for nutrient modification2.3 Obtain feedback from client/patient regarding proposed nutrient changes2.4 Implement nutrient changes in a manner agreeable to the client/patient

