



Seminar Dates for 2009

DVD Seminars Release Date:	2009 Seminar Topic's
Monday 2/3/09 (6 Hour Seminars)	The Handbook for Surviving a Toxic Planet: Reducing the Toxic Burden
Monday 16/11/09 (6 Hour Seminars)	Beating Migraines without drugs.
WEB Seminars	Available to all students in all areas
Tuesday 5/5/09 6:30 – 9:30 (EST)	Eating Disorders: Treatments for Anorexia and Bulimia
Wednesday 8/7/09 6:30 – 9:30 (EST)	Addictive Behaviour: Natural Approaches to Addictions
Thursday 10/9/09 6:30 – 9:30 (EST)	Insomnia: A Better way to a Better Sleep