



2012 Seminar Topics Available on DVD/CD-ROM

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H.S.A Seminars are all medically referenced non-product based seminars, which explore the latest scientific data on the given topic. These seminars are presented by Stephen Eddey. All DVD's/CD-ROM's come with a complete set of notes.

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Fibromyalgia: Available on DVD 21/2/12 Essay 19hrs – Questionnaire 6hrs

Fibromyalgia is a medical disorder characterized by chronic widespread pain and allodynia, a heightened and painful response to pressure. It is an example of a diagnosis of exclusion. Unfortunately, knowing this doesn't help anyone feel better. In this seminar, we explore the latest treatments and latest scientific understanding for this crippling disease.

Multiple Sclerosis: WEB Seminar 1/5/12 Essay 12hrs – Questionnaire 3hrs

Multiple Sclerosis (or MS) brings shivers to the spines of people in the community. It is a disease that basically describes the eating away of the brain, which causes devastating consequences to the sufferer. More women get this disease than men. Why? People who live closer to the equator get this disease less. Why? All these questions will be answered with the latest natural medicine treatments explored.

Bipolar: WEB Seminar 25/7/12 Essay 12hrs – Questionnaire 3hrs

Bipolar disease is a very poorly understood disease that affects thousands of Australians. Like most mental health diseases it is not treated well by medicine. After all, depression for example, is not caused by a Prozac deficiency! Natural medicine has a lot of options for the bipolar sufferer. These excellent options will be explored in this seminar.

Viruses: WEB Seminar 13/9/12 Essay 12hrs – Questionnaire 3hrs

Ok, we all get viruses. No big deal. But sometimes, viruses can make us very sick and even kill us. Antibiotics don't touch viruses however there is an excellent arsenal inside every body which is designed to kill viruses. This seminar explores the latest and greatest nutrients to correctly stimulate the immune system to kill viruses. We will also discuss the best natural anti-virals that also have been recently discovered. Viruses such as HIV, Ross River Virus and the EBV (glandular fever) will also be discussed specifically.

Mythbusters: Available on DVD 16/11/12 Essay 19hrs – Questionnaire 6hrs

There are loads of crazy treatments out there in medicine and natural medicine. For example, it is still promoted that sunscreens protect against melanomas. Do they? Are saturated fats bad for your heart? Does cholesterol, a natural substance made by the liver, kill us? Is Alzheimer's disease caused by eating too many sugars and grains? All of these treatments will be explored in an entertaining and scientific way, just like the 'Mythbusters' on TV!

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